



You may have heard about the term “personal and professional development” and wondered what it means. This is also called personal growth or self-improvement, and refers to various techniques for improving one’s habits, behavior, actions and reactions. Sometimes, problems and difficulties are the triggers that awaken the desire to grow, and lead to making changes in one’s life. At other times, people are inspired to take steps toward personal growth because they become inspired by someone they know who has already achieved success. This often leads people to new paths to making changes in their lives, expanding their knowledge and self-awareness, improving skills, and developing new ones. They want more out of life whether that is more money, better health, improved relationships, a career change or combination of all these areas.

Successful personal growth is an ongoing process that requires motivation, the desire to improve, and the willingness to strive to make changes. An open mind and the desire to learn, being ready to get out of your comfort zone are very important. Personal growth can help you in growing emotionally and mentally and becoming a more considerate, loving and positive person.

Personal growth can help you in all areas of your life. Dive into awareness training.

Explorer Class:

Thursday, June 6 th	530pm registration, 6pm to 1030pm class
Friday, June 7 th	930am to 830pm class
Saturday, June 8 th	930am to 830pm class

Location: Accent Inn, Henning Drive, Burnaby, BC

Commitment:

Regular: \$1300 per person

BCEA promo: \$750 pp

Promo code: BCEA

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Other incentives: 2-for-1 family (\$1300 for 2 people)
<https://convergenceseminars.com/canadian-fam2for1/>

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