



Men's Seminar

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Lowcountry Conference Center
406 Sigma Dr.
Summerville

09.23.23

Bridging gaps in Men's mental health through peer conversations & breaking stigmas of asking for help.



Guest Speakers

Jermaine Husser
Scott Cooper
Dan Bell
Alex Pelbath

Event Purpose

Bridging the gap between despair and professional care through peer-to-peer interactions. I would like to be a steppingstone for men to actively seek therapeutic help since men are at the highest risk of suicide. Guest speakers will provide hope to those who have given up on life because the mental pain seems too great through their own stories of hardships. My goal is to create a community that offers hope in breaking the stigma of men's unwritten rules of not being able to talk about their emotions. To show that no matter how painful or defined of men's upbringing is, emotional conversations can bring healing and self-awareness.

Saturday,
September 23, 2023
12 pm to 2pm

Host Dom Cooper

Business Owner
Keynote Seaker

domcooper.org

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